Nonso Ngozika Bisong

PROFESSOR OF EDUCATIONAL PSYCHOLOGY

ADDRESS

Department of Educational Psychology
University of Calabar
Calabar, Nigeria

CONTACT

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UPDATED

November 2026

Current appointment

Current — Professor of Educational Psychology
Department of Educational Psychology, University of Calabar, Nigeria

Education

2005 — PhD in Education (Educational Psychology)
University of Calabar, Nigeria

1996 — Master of Public Administration
University of Calabar, Nigeria

1989 — MEd in Guidance and Counselling
University of Port Harcourt, Nigeria

1986 — BA Education (Education and English)
University of Calabar, Nigeria

Research interests

Student behaviour and counselling. Schools and education systems in Nigeria. Child abuse, parenting and family life. Women, work and gender.

Publications

Where a paper is online, its link opens it at the journal. The list is also at nonsobisong.com/publications, with PDFs of some of the papers.

JOURNAL ARTICLES

2025 **Bisong, N. N.**, Ntamu, B. A., & Undelikwo, V. A. (2025). Cognitive restructuring as a panacea for maladaptive behaviors among primary school children. *International Journal of Evaluation and Research in Education, 14*(1), 398–405. doi.org/10.11591/ijere.v14i1.29393

2024 **Bisong, N.** (2024). Promoting values education as a strategy to combat insecurity challenges in the Nigeria society. *The Nigerian Educational Psychologists, 21*(1).

Ofoegbu, J. U., Elemi, M. P., **Bisong, N. N.**, Ukeh, D. U., Ugbong, K., & Ogbu, E. E. (2024). Eco-friendly behavior modification through integration of eco-friendly concepts in senior secondary school English language curriculum: Panacea for eco-friendly. *Journal of Environmental and Tourism Education, 7*(1), 116–131.

2023 Ofoegbu, J. U., Uroko, J. E., Ukah, G. N., & **Bisong, N. N.** (2023). Biological factors as predictors of hyperactive behaviour among pupils in South East Nigeria. *Global Journal of Educational Research, 22*(2), 237–243. doi.org/10.4314/gjedr.v22i2.14

Ofoegbu, J. U., Kingsley, A., Ekarika, C. B., & **Bisong, N. N.** (2023). Perception of school teachers towards integrating ICT in senior secondary school curriculum: Aftermath of COVID-19 pandemic. *Global Journal of Educational Research, 22*(2), 143–150. doi.org/10.4314/gjedr.v22i2.4

2021 Adie, R. U., Orji, E. I., Ekarika, C. B., & **Bisong, N. N.** (2021). Family size and students' tendencies to antisocial behaviour: Implication for counselling in COVID-19 era in Calabar Education Zone, Cross River State, Nigeria. *Education for Today, 17*(1), 218–227.

2020 **Bisong, N.**, & Orji, E. I. (2020). Covid 19 pandemic in Cross River State, Nigeria. *Nigerian Journal of Psychological Research, 17*(2), 13–14.

2019 **Bisong, N.**, Bisong, F., & Orji, E. (2019). Students' perception of corrupt practices, impact on learning and implications for university governance in Nigeria. *Education for Today, 15*(2), 100–110.

Bisong, N. (2019). Education, psychosocial issues and sustainable development in Nigeria [Lead paper, 9th Annual National Conference of the Nigerian Society for Psychosocial Research]. *Journal of the Society for Psychosocial Research, 10*(2), 296–305.

2018 **Bisong, N.**, Ntamu, B., Bisong, E., & Onuegbu, A. (2018). The impact of technology on quality education in Nigeria: Psychological implications. *Education for Today, 14*(1), 183–192.

2017 Ntamu, B. A., & **Bisong, N. N.** (2017). Awareness and diagnosis of dyslexia among primary school teachers in Calabar Municipality Area of Cross River State. *The Nigerian Educational Psychologists, 15*(1), 35–43.

2016 Ntamu, B. A., & **Bisong, N.** (2016). The effect of rational emotive behaviour therapy (REBT) on poor study habits among secondary school students in Calabar Municipality. *Lwati: A Journal of Contemporary Research, 13*(2), 1–16. ajol.info/index.php/lwati/article/download/160770/150339

2015 Anijaobi-Idem, F. N., Ukata, B. N., & **Bisong, N. N.** (2015). Environmental awareness and school sanitation in Calabar Metropolis of Cross Rivers State, Nigeria. *Journal of Education and Practice, 6*(4), 68–71. iiste.org/Journals/index.php/JEP/article/view/19796

2014 Ajake, U. E., Oden, S. N., & **Bisong, N. N.** (2014). Influence of child neglect on self-concept of senior secondary school students in Cross River State, Nigeria. *Journal of Educational and Social Research, 4*(3), 239–244. doi.org/10.5901/jesr.2014.v4n3p239

2013 **Bisong, N.**, Oden, S., & Bassey, P. (2013). Socio-cultural climate of learning and pupils' performance in primary schools in Cross River State, Nigeria. *International Journal of Technology and Inclusive Education, 2*(1), 105–108. doi.org/10.20533/ijtie.2047.0533.2013.0015

Oden, S. N., **Bisong, N. N.**, & Bisong, F. E. (2013). Community participation and basic education delivery in Calabar Education Zone of Cross River State, Nigeria. *Literacy Information and Computer Education Journal, Special Issue 2*(1), 1321–1328. doi.org/10.20533/licej.2040.2589.2013.0175

2012 **Bisong, N. N.**, & Andrew-Essien, E. E. (2012). Women, conflict and politics: Assessing Margaret Ekpo's approach to political emancipation and liberation in Nigeria. *Sociology Study, 2*(4), 252–260.

2011 Ajake, U. E., **Bisong, N. N.**, & Etuk, G. R. (2011). Influence of emotional abuse on the self-concept of senior secondary school students in Cross River State, Nigeria. *Global Journal of Educational Research, 10*(2), 111–120. ajol.info/index.php/gjedr/article/download/79058/69367

Bassey, P. J., **Bisong, N.**, Ubi, I. E., & Isangedighi, A. J. (2011). Comparative job performance effectiveness of teachers in public and private secondary schools in Cross River State, Nigeria. *Annals of Modern Education, 3*(1), 54–60. ajol.info/index.php/ame/article/view/98209

Bassey, P. U., **Bisong, N.**, Isangedighi, A. J., & Ubi, I. E. (2011). Job performance effectiveness: A comparison of teachers in public and private schools in Cross River State, Nigeria. *Lwati: A Journal of Contemporary Research, 8*(2). ajol.info/index.php/lwati/article/view/79517

2009 Ajake, U. E., **Bisong, N. N.**, & Jamabo, A. (2009). Relationship between child abuse and the trait of introversion-extroversion among senior secondary students in Cross River State, Nigeria. *Annals of Modern Education, 1*(1), 122–127.

Ajake, U. E., Isangedighi, A. J., & **Bisong, N. N.** (2009). Child rearing styles, pre-marital sexual practices and drug abuse among senior secondary school students in Cross River State, Nigeria. *The Social Sciences, 4*(1), 71–75. makhillpublications.co/view-article/1818-5800/sscience.2009.71.75

2009 **Bisong, N. N.**, Akpama, F., & Edet, P. B. (2009). Cheating tendency in examinations among secondary school students in Nigeria: A case study of schools in the Odukpani Local Government Area, Cross River State. *Policy Futures in Education, 7*(4), 410–415. doi.org/10.2304/pfie.2009.7.4.410

Isangedighi, A. J., Ajake, U. E., & **Bisong, N. N.** (2009). Child abuse and emotional stability among senior secondary school students in Cross River State, Nigeria. *Lwati: A Journal of Contemporary Research, 6*(1). doi.org/10.4314/lwati.v6i1.46491

2008 **Bisong, N. N.**, Isangedighi, A. J., & Obi, F. B. (2008). Male colleagues' attitudes and professional women's adjustment patterns in their work setting. *Lwati: A Journal of Contemporary Research, 5*(1), 37–42. doi.org/10.4314/lwati.v5i1.36849

Bisong, N., Ekuri, P., & Ajake, U. (2008). Professional women's adjustment patterns towards spouses' attitude to their jobs. *Pakistan Journal of Social Sciences, 5*(8), 751–754. makhillpublications.co/view-article/1683-8831/pjssci.2008.751.754

Undie, J. A., & **Bisong, N. N.** (2008). Contemporany [sic] challenges of future growts [sic] in education in sub-Saharan Africa. *Analele Universității din Oradea, Fascicula Sociologie-Filosofie-Asistență Socială, 7*, 101–108.

Ajake, U. E., Isangedighi, A. J., & **Bisong, N. N.** (2008). Parental child rearing style and students' dishonest behaviour. *The Social Sciences, 3*(7), 525–527. makhillpublications.co/view-article/1818-5800/sscience.2008.525.527

Bisong, N., Edet, P. B., & Ajake, U. E. (2008). Training professional counselors for early childhood education. *Ekpoma Journal of Behavioral Science, 1*(2), 52–56.

Edet, P. B., Uwe, E. A., **Bisong, N. N.**, & Eneji, C. O. (2008). Leisure inhibitors among workers in Nigeria. A case study in CRS: Implications for counselling. *Ghana Journal of Education and Teaching, 5*, 93–101.

2006 **Bisong, N.** (2006). Gender disparity in the Nigerian labour force: Implications for counselling. *The Nigerian Journal of Guidance and Counselling, 11*(1), 76–83. doi.org/10.4314/njgc.v11i1.36993

Obi, F. B., **Bisong, N. N.**, & Denga, H. (2006). Sex education and the sexual behaviours of Nigerian adolescents. *African Journal of Special Educational Needs, 4*(3), 443–451.

Bisong, N. N. (2006). Worksetting of Nigerian women and child abuse: Analysis of underlying factors. *African Journal of Special Educational Needs, 4*(3), 471–475.

2004 **Bisong, N. N.** (2004). Work setting and professional women's adjustment to leisure and recreational activities. *Education for Today, 4*(1), 33–41.

Bisong, N. N. (2004). Marital adjustment problems among professional women in Calabar, Cross River State. *Development Studies Round Table: A Journal of Development, 1*(1 & 2).

2001 **Bisong, N. N.** (2001). The self-concept: Development and educational implications. *International Journal of Educational Administration, Planning & Research, 1*(2), 207–216.

Bisong, N. N. (2001). Women in urban solid waste management in Nigeria. *West Africa Journal of Educational Research, 4*(2), 127–132.

2001 **Bisong, N. N.** (2001). Promoting human rights through the welfare of women in the productive sector. *West African Journal of Research and Development in Education, 8*(2), 138–144.

1999 **Bisong, N. N.** (1999). Performance of students in secondary schools: Implications for counselling. *Port Harcourt Journal of Psychology and Counselling, 5*(1), 50–54.

1998 **Bisong, N. N.** (1998). Influence of marital status on self-perception. *International Journal of Social Science and Public Policy, 1*(1), 153–160.

BOOK CHAPTERS

2017 **Bisong, N. N.**, & Ntamu, B. A. (2017). Teachers' strategies in managing classroom misbehaviours among the Basic 9 learners of the 934 education systems in Nigeria. In M. T. Joshua, P. N. Asuquo, & J. S. Peters (Eds.), *Education for careers in the 21st century: A festchrift in honour of Professor Daniel I. Denga* (pp. 270–283). University of Calabar Press.

n.d. **Bisong, N.** (n.d.). Women in natural resource management. In F. E. Bisong (Ed.), *Natural resource use and conservation systems for sustainable rural development* (pp. 199–207). BAAJ International.

Keynote and invited addresses

Oct 2024 Keynote address, University of Uyo Annual Conference

Sep 2024 Keynote address, Annual Conference of the Federal College of Education (Technical), Umunze

2023 Keynote address, Association of Child and Learning Psychologists

2020 Keynote address, Nigerian Society for Psychosocial Research

2008 Peace building and conflict resolution: The role of Etung women.
Presented as representative of Etung Local Government Area, Cross River State Constituent Assembly

1998 Need and strategy for proper attention to the child.
National Children's Day celebration, Ministry of Information, Youths and Sports, Cross River State

Violence in our institutions of learning.
Society Against Child Abuse and Violence in Nigeria, Cross River State Chapter

Graduate supervision

Theses supervised to completion at the University of Calabar: eleven doctoral, nine master's and nine postgraduate diploma.

DOCTOR OF PHILOSOPHY

2025 *School facilities, values orientation and social adjustments among junior secondary school students in Cross River State, Nigeria*
Mercy Praise Isogon, August 2025

2024 *Academic overload, time on school tasks and upper basic students' psychological wellbeing in Cross River State, Nigeria*
Catherine Boniface Ekarika, February 2024

Social media usage, anti-social behaviours and study habits of in-school adolescents in Cross River State, Nigeria
Samuel Eburu Odey, February 2024

Effect of cognitive behavioural therapy on deviant behaviours reduction among senior secondary school students in Calabar Metropolis, Cross River State, Nigeria
Aries George Abature, January 2024

2023 *Generational gap and perception of pre-marital sexuality, indecent dressing and sexually transmitted diseases in Cross River State*
Melanie Ani-ita Bassey Eka, February 2023

Psychosocial variables and social adjustment among secondary school adolescents in Cross River State
Eteng Okoi Otosi, February 2023

Peer assisted tutoring and English language achievement among primary school pupils in Calabar, Cross River State, Nigeria
Angelina Ogara Onuegbu, February 2023

2019 *A survey of learning disabilities, perfection of self and school environment among pupils in Akwa Ibom State, Nigeria*
Maria Columba Ekanem, July 2019

2018 *Family related variables and secondary school students' tendencies to antisocial behaviour in Calabar Education Zone, Cross River State of Nigeria*
Rose Unwanung Adie, September 2018

Behaviour modification intervention and manifest delinquent behaviour reduction among upper basic education school children in Calabar Metropolis, Cross River State
Evelyn Ijeoma Orji, January 2018

2011 *Psychosocial factors and secondary students' restiveness in Cross River State, Nigeria*
Bassey Edwin Okpa, 2011

MASTER OF EDUCATION

2024 *Antisocial personality disorder and academic performance of students in mathematics in Calabar Education Zone of Cross River State*
Akomeno Thelma Ugar, January 2024

2018 *Developmental task accomplishment and interpersonal relationship among secondary school adolescents in Calabar Education Zone of Cross River State, Nigeria*
Comfort Godwin Archibong, March 2018

2017 *Classroom environment and junior secondary school students' academic achievement in Calabar Education Zone of Cross River State, Nigeria*
Joyce Ekpo Egim, December 2017

2015 *Anxiety disorders and deviant behaviours among secondary school students in Northern Education Zone of Cross River State, Nigeria*
Angela Fidel Undie, December 2015

2014 *Psychosocial determinants of personal adaptations and personal expectations of out of school adolescents in Owerri Metropolis, Imo State, Nigeria*
Angelina Ogara Onuegbu, December 2014

Anxiety and academic performance of secondary school students in mathematics in Northern Senatorial District of Cross River State, Nigeria
Michael Okaba Ataben, December 2014

2009 *Social behaviour and academic performance of Junior Secondary 3 (JSS3) students in Central Senatorial District of Cross River State*
Blessing Obongha, 2009

Child abuse and behaviour maladjustment among senior secondary school students in Calabar, Cross River State
Isong Agbor Njar, 2009

2008 *Home background variable and morality among adolescents in Eket Senatorial District of Akwa Ibom State*
Etto Etto Ifiok, 2008

POSTGRADUATE DIPLOMA IN EDUCATION

2021 *Teachers' psychosocial variables and job satisfaction in secondary schools in Calabar Metropolis of Cross River State, Nigeria*
Paulica Linus Edim, December 2021

Influence of communal feud on teaching and learning activities in secondary schools in Central Senatorial Zone of Cross River State, Nigeria
Patience Douglas Edu, November 2021

2020 *Demographic variables and attitudes of university students towards waste management in the University of Calabar*
Mfon Obo Umoh, March 2020

2012 *Learning resources and academic performance of secondary school students in Christian Religious Studies in Akpabuyo Local Government Area*
Santus Uyong Agba, 2012

2012 *The impact of self-concept and motivation on student's academic performance in Social Studies in Calabar Municipal Council*
Samuel Kalu Agwu, 2012

2007 *Resources management and teacher's effectiveness on Calabar South Local Government Area*
Rita Obong Eyo, 2007

2006 *The impact of community environmental education on soil conservation in Obudu Local Government Area*
Sylvester Agba Oko, 2006

2005 *Factors affecting students' tendency to cheat in examination in Odukpani Local Government Area, Cross River State*
Felicia Ekure Akpama, 2005

Early marriage and educational attainment of women in Ofutop Clan, Ikom Local Government Area
Emmanuel Atu, 2005

External examining and assessment

Current External examiner
Michael Okpara University of Agriculture, Umudike. University of Uyo. University of Ilorin.

Professorial assessor
University of Jos. Ebonyi State University. Michael Okpara University of Agriculture, Umudike.

Academic leadership

2019–2022 Head of Department, Educational Foundations
Now the Department of Educational Psychology

2006–2007 Head of Department, Educational Technology
Institute of Education

2003–2006 Representative of the Institute of Education
Faculty of Social Sciences

2003–2005 Chair, Examination Vetting Committee
Institute of Education

Examination Officer
Department of Educational Technology, Institute of Education

1999–2006 Academic Adviser
Undergraduate and postgraduate diploma students, Institute of Education

University service

UNIVERSITY

Current	Graduate School representative at doctoral and master's thesis defences in other departments
	Graduate School representative at oral screening for postgraduate admission
2022	Member, Senate Committee on Building and Street Naming
2015–2017	Member, Senate Committee for Vetting of Examination Results, Faculty of Arts
2012–2013	Member of Senate, representing the Faculty of Education
2009–2013	Member, Graduate School Vetting Committee
2009–2012	Member, Task Force on the Post-UME Screening Examination
2008	Member, Screening Team for Final Year Students' Credentials, Faculty of Management Sciences

FACULTY AND DEPARTMENT

2023	Chair, Accreditation Committee, Department of Educational Psychology
	Member, Mock Accreditation Committee, Faculties of Education
2021	Member, Transition Committee for the division of the Faculty of Education into three faculties
2017	Chair, Conference, Seminar and Workshop Committee, Faculty of Education
2016	Member, Teachers Registration Council Induction Committee, Faculty of Education
2015–2017	Member, Curriculum Review Committee, Department of Educational Foundations
2012–2013	Member, Curriculum Review Committee, Department of Educational Foundations, Guidance and Counselling
	Member, Anti-Corruption and Transparency Committee, Faculty of Education
	Member, Anti-Corruption and Transparency Committee, Department of Educational Foundations, Guidance and Counselling
	Member, Sandwich Advisory Committee, Faculty of Education
2009–2012	Member, Teaching Practice Committee, Faculty of Education
	Member, Welfare Committee, Department of Educational Foundations
1999–2006	Member, Welfare Committee, Institute of Education

Consultancy and development work

CONSULTANCY

2018 Member, consulting team. Strategic Environmental and Social Assessment for Nigeria REDD+ Readiness: A situational analysis of gender issues.
World Bank Forest Carbon Partnership Facility. Study by ECMC Engineers Ltd.

2011 Member, consulting team. Draft psychosocial support curriculum for training teachers of children in difficult circumstances in the UNICEF A Field Office states.
Institute of Education, University of Nigeria, Nsukka, and Faculty of Education, University of Calabar. Sponsored by UNICEF.

Member, consulting team. Draft instrument for basic education bottleneck analysis in the UNICEF A Field Office states.
Institute of Education, University of Nigeria, Nsukka, and Faculty of Education, University of Calabar. Sponsored by UNICEF.

2010 Consultant. Capacity needs and institutional assessment for Partnership Opportunities for Women Empowerment Realization (POWER), Calabar.
Sponsored by UNICEF.

2008 Resource person. Strategic Thinking Group on Basic Education for Development.
UNICEF A Field Office, Enugu, 7–9 August 2008.

RESOURCE PERSON FOR TRAINING AND FIELDWORK

2023–2024 Reading and Numeracy Activity (RANA) training for primary school teachers in every local government area of Cross River State.
Cross River State Ministry of Education with UNICEF A Field Office, Enugu. April, June and August 2023. August and October 2024.

2022 Five-day RANA training workshop, Government Primary School, Barracks Road, Calabar.
Cross River State Ministry of Education with UNICEF A Field Office, Enugu. 21–25 November 2022.

Five-day RANA training workshop, Primary School Akpabuyo, Calabar.
Cross River State Ministry of Education with UNICEF A Field Office, Enugu. 25–29 September 2022.

2012 Fieldwork for data collection on bottleneck analysis in the Millennium Development Goals local government areas of Cross River State.
17–23 June 2012.

2011 Child Friendly Schools Modules 1–6, three-day training workshop for head teachers in Akpabuyo Local Government Area.
Cross River State Universal Basic Education Board with UNICEF A Field Office, Enugu. Primary School Ikot Nakanda, 14–16 November 2011.

UNICEF-GCA monitoring and evaluation inspection, Abia State.
14–15 July 2011.

2010 Student Tutoring, Mentoring and Counselling (STUMEC), two-day training workshop for head teachers.
Ogoja, 9–11 August 2010.

Student Tutoring, Mentoring and Counselling (STUMEC), training workshop for facilitators of non-formal education.
Enugu, 3–5 February 2010.

2008 Student Tutoring, Mentoring and Counselling (STUMEC), three-day zonal training workshop for stakeholders.
Anambra State Agency for Mass Literacy, Adult and Non-Formal Education with UNICEF. 22–24 October 2008.

Training workshop on vocational skills for senior female primary school pupils, Bekwarra Local Government Area.
Cross River State Universal Basic Education Board with UNICEF. 19–22 August 2008.

2005 Cross River State Retraining Programme for Teachers.
Cross River State Ministry of Education.

PROFESSIONAL DEVELOPMENT

2022 Five-day RANA training workshop, Calabar.
Cross River State Ministry of Education with UNICEF A Field Office, Enugu. 25–29 July 2022.

2013 Quality Teaching for Quality Learning in Higher Education, workshop for academic staff.
University of Calabar, 12–13 February 2013.

2012 Development of the 2011–2012 Annual Work Plan.
Enugu State Ministry of Education with UNICEF A Field Office, Enugu. 20–22 February 2012.

2011 School mapping, four-day training workshop.
Imo State Ministry of Education with UNICEF A Field Office, Enugu. Owerri, 27–30 September 2011.

Bottleneck analysis of basic education in thirty local government education authorities, for the Cash Grant Scheme towards the Millennium Development Goals.
Sponsored by UNICEF. Enugu, 19–21 September 2011.

Effective supervision of Child Friendly Schools, three-day training workshop.
Enugu State Ministry of Education with UNICEF A Field Office, Enugu. Calabar, 9–11 August 2011.

Basic Education Mid-Year Review, UNICEF A Field Office.
Anambra State Agency for Mass Literacy, Adult and Non-Formal Education with UNICEF. Abia State, 20–21 July 2011.

2010 Self-evaluation with the Commonwealth of Learning Review and Improvement Model (COLRIM).
University of Calabar, 10–12 November 2010.

2010 Monitoring and evaluation, one-week training workshop.
UNICEF with the Cross River State Ministry of Education. Calabar, 24–29 October 2010.

Zonal capacity development of early childhood managers on the UNICEF ECD Resource Pack.
Asaba, Delta State, 19–24 July 2010.

Peace education and prevention of violence in schools, for College of Education lecturers and other stakeholders in Cross River State.
With UNICEF. Calabar, 10–11 May 2010.

Pilot testing of the curriculum for a short course on counselling on adolescent health and development.
UNICEF and Obafemi Awolowo University, Ile-Ife. 26–30 April 2010.

Emergency Preparedness Response, for College of Education lecturers and other stakeholders in Cross River State.
With UNICEF. Calabar, 22–23 March 2010.

Development of the 2010 Annual Work Plan, zonal meeting.
Ebonyi State Ministry of Education with UNICEF A Field Office, Enugu. 17–20 February 2010.

2008 Leadership Development Programme.
UNDP. UN House, Abuja, August to December 2008.

2007 Workshop on teaching strategies for primary school children.
Toronto District School Board, Toronto, Canada. 25–28 July 2007.

Professional memberships

Association of Child and Learning Psychologists (ACLP), also known as NISEP

Nigerian Society for Psychosocial Research (NSPR)

Counselling Association of Nigeria (CASSON)

National Association of Women Academics (NAWACS)